



*Helping the physically handicapped live independent and self directed lives*

2220 Hall Road, Elma, NY 14059 716-685-3976  
We are a 501c3 not-for-profit organization.

## May Newsletter

Hello All,

May, 2006

### **Bike for Ben – July 15, 2006**

This is our annual fundraiser – and we are in full swing! We need all of our families to support this! **Online registration** is currently available on our website at [www.TheIndependenceFoundation.org](http://www.TheIndependenceFoundation.org).

When you register – you will be mailed a participation envelope. We have Brochures, Posters, Sponsor packets available, and much more! Get your family & friends to participate, volunteer at the event, get sponsors, or help in any other way – call us. Jon Gardner designed our T-shirts for this year! Here's a sneak peek!

**JonzGraphicWorld.com** - Jon's website - for all your label, printing, and graphic needs.



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### **Power Wheelchair Soccer Game – Come and cheer us on!**

### ***Flaming Dragons vs Rochester Speed Demons!***



***COME AND SEE THE FLAMING DRAGONS Take On the Rochester Speed Demons on May 20th from 1-3 p.m. at The Brockport Middle School 44 Allen Street In Brockport across from the SUNY At Brockport.***

Practices - May 7, May 14 all 4 – 6 PM at the Elma Boys & Girls Club.  
Welcome Ian! New Players always welcome!

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## May Social Gatherings :

### **Bowling:**

Friday May 12th, 7 PM at the AMF Lancaster Lanes, 4319 Transit Rd. near Losson Rd.  
Games are \$2.00 each, pay your own way.  
The whole family can come! There are ramps for w/c bowlers. RSVP to 716-685-3976.

### **Mom's Only Dinner:**

Mom's Only at Smokey Bones  
Sunday, May 21st 6PM  
Smokey Bones across from the Walden Galleria.  
Moms - come and have a girls night out! (Pay your own way.)  
RSVP to Chris at 716-685-3976.

## Card Nights

**Saturday, May 27 7PM**

Alden Whistle Stop Café  
1338 Exchange Street,  
Alden, 14004



Come out once a month to play cards!  
Poker, Euchre, Texas Hold-em!  
Have difficulty holding cards? No worries -  
we have volunteers who will hold them for  
you and enable you to play! Contact Chris at  
716-685-3976 if you are interested in joining.  
Chicken fingers and wings available - buy  
your own beverages.

## DD Day - Thursday, May 18th

Buffalo Convention Center

8AM – 3:30 PM area vendors, agencies, and  
many others will be there to showcase what's  
available for individuals with developmental  
disabilities. We will have a table there!

## Inergex “Give Back” Day

**Thursday, July 27th**

There will be **job shadowing** opportunities  
and a **Bisons Game** for individuals involved  
with The Independence Foundation.  
Contact Chris for more info.

## Social Events Coming soon....

- ✓ **Drive in Movie nite – Murderball** – Drive in your wheelchairs & watch a movie!  
For the older crowd. Date and location coming soon.
- ✓ **Art at the Waterfront** – Want to take an art class, have lunch and enjoy the beautiful  
Buffalo Waterfront? Details coming soon.

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**Independence House** – Looking for land! Growing wait list! I'll keep you posted!

**Dress Down Day** – Hold a dress down day for The Independence Foundation – flyer on the website  
or call us.

**Phoneraiser** – collect used cell phones for us – print a collection box flyer on the website or call us  
for more details. Phonerasier profits to date - \$254!

**Congratulations!!!** to Ted Koeth – winner of the Sabres Playoff Tickets for a donation of \$651!  
Thank you to Schafer Sales Group and Inergex for making this possible!

**New Independence:** Thank you to Inergex for donating and setting up a computer for JR. JR is  
now online and enjoying new independence!

**Pictures of past events:** Pictures of the Rec. Expo and the Celebration Party are on line on our  
website under Events (near the bottom of the page).

**E-MAIL** – If you have e-mail make sure I have your address. I send out information and  
updates all the time.



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### TIP OF THE MONTH:

**Did you know that if you use a hooyer lift – you are eligible for a new sling each year  
under Medicaid?** We recently noticed that Ben's sling was beginning to fray and never  
knew that we should or could replace it.

Looking forward to seeing you –

Chris Muller 685-3976

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